

ESSENTIAL PPE FOR SAFE TURNAROUNDS



A checklist to ensure personal protection before every plant turnaround

HEAD PROTECTION

- ☐ Inspected Type I or II hard hat with no cracks or dents
- ☐ Secure hard hat chin strap
- ☐ Clean, undamaged hard hat with a snug fit
- ☐ Replacement hard hat if damage occurs

HEARING PROTECTION

- ☐ Earplugs (NRR \geq 25 dB) or earmuffs used in $>$ 85 dB zones
- ☐ Disposable plugs replaced daily or per job
- ☐ Damage-free earmuffs with no cracks, padding intact and a proper seal
- ☐ Double hearing protection in areas $>$ 100 dB

RESPIRATORY PROTECTION

- ☐ Task-specific respirator for appropriate protection
- ☐ Cartridges checked and replaced per manufacturer specifications
- ☐ Annual fit test passed, and daily seal check completed
- ☐ Inspected and fully charged powered air-purifying respirator (PAPR) or emergency escape respirator

FOOT PROTECTION

- ☐ EH-rated, steel- or composite-toe boots
- ☐ Slip-resistant soles with no punctures or excessive wear
- ☐ Chemical-resistant boot covers if entering exposure zone
- ☐ Laces intact with proper ankle support

EYE AND FACE PROTECTION

- ☐ Safety goggles over prescription eyewear
- ☐ Anti-fog or sealed goggles for confined or hot zones
- ☐ Face shield when handling chemicals or pressurized equipment
- ☐ Clean and unscratched eyeglass lenses for clear visibility

BODY PROTECTION

- ☐ FR coveralls or arc-rated clothing
- ☐ Chemical-resistant outerwear
- ☐ Clean, dry and intact clothing with no burns or tears
- ☐ High-visibility vests in transport or laydown areas

HAND PROTECTION

- ☐ Task-specific gloves
- ☐ Double gloves when dual protection is required
- ☐ Damage-free gloves with no rips or degradation and cuffs intact
- ☐ Glove removal if contamination occurs

FALL PROTECTION

- ☐ Full-body harness with label and inspection tag
- ☐ Inspected straps and buckles in good condition
- ☐ Anchorage points and self-retracting lifeline/lanyard appropriate to height
- ☐ Confined space gear, including retrieval line, shoulder D-rings, tripod or davits



Safety during plant turnarounds is critical, as these high-risk periods involve complex tasks, heavy equipment and multiple workers in confined or hazardous areas. Using this checklist ensures workers are fully prepared with the right PPE for every task. With deep expertise and a portfolio of iconic brands, we deliver head-to-toe safety solutions across every major industry.



Learn more about our full line of safety solutions for oil and gas and other industries at: pip-hsp.com